

# RF and Health: A WHO Perspective

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**World Health  
Organization**

# OUTLINE

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- **Introduction**
- **Assessing the health risk**
- **Managing the potential risk**
- **Conclusions**





Health topics

Data and statistics

Media centre

Publications

Countries

Programmes and projects

About WHO



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## Blood test to diagnose tuberculosis can be dangerous



WHO/Tom Pietrasik

20 July 2011 – A 12-month analysis reveals that currently available commercial blood tests for diagnosing active TB often lead to misdiagnosis, mistreatment and potential harm to public health. WHO is urging countries to ban these tests and instead rely on accurate microbiological or molecular tests.



**Disease outbreak news**

Information about disease outbreaks



**Emergencies and disasters**

Health action in crises



**Director-General**

Director-General and senior management



**Governance**

Constitution, Executive Board and World Health Assembly



**WHO guidelines**

A selection of evidence-based guidelines

Blood test to diagnose tuberculosis can be dangerous

Droughts have exhausted coping capacity in the Horn of Africa

Hepatitis C is a global issue

Around 80% of people with West Nile virus have no symptoms



When diplomats met in San Francisco to form the United Nations in 1945, one of the things they discussed was setting up a global health organization. WHO's Constitution came into force on 7 April 1948 – a date we now celebrate every year as World Health Day.

Delegates from 53 of WHO's 55 original member states came to the first World Health Assembly in June 1948. They decided that WHO's top priorities would be malaria, women's and children's health, tuberculosis, venereal disease, nutrition and environmental sanitation – many of which we are still working on today. WHO's work has since grown to also cover health problems that were not even known in 1948, including relatively new diseases such as HIV/AIDS.

**1974** Onchocerciasis control programme  
WHO worked for 30 years to eliminate onchocerciasis – or river blindness – from West Africa. 600 000 cases of blindness have been prevented and 18 million children spared from the disease. Thousands of farmers have been able to reclaim 25 million hectares of fertile river land that had been abandoned because of the risk of infection.

**1979** Eradication of smallpox  
The eradication of smallpox – a disease which had maimed and killed millions – in the late 1970s is one of WHO's proudest achievements. The campaign to eradicate the deadly disease throughout the world was coordinated by WHO between 1967 and 1979. It was the first and so far the only time that a major infectious disease has been eradicated.

Mr Ali Maalin (left), from Somalia, was the last person known to be infected with smallpox. Here he stands with the doctor who treated him more than 25 years ago. Ali has since worked on polio eradication campaigns.

**1983** Institut Pasteur (France) Identifies HIV.

**2003** WHO Framework Convention on Tobacco Control  
21 May 2003 was a historic day for global public health. After nearly four years of intense negotiations, the World Health Assembly unanimously adopted WHO's first global public health treaty. The treaty is designed to reduce tobacco-related deaths and disease around the world.

**2004** Adoption of the Global Strategy on Diet, Physical Activity and Health.

**1948** International Classification of Disease  
WHO took over the responsibility for the International Classification of Disease (ICD), which dates back to the 1850s and was first known as the International List of Causes of Death. The ICD is used to classify diseases and other health problems and has become the international standard used for clinical and epidemiological purposes.

**1952** Dr Jonas Salk (US) develops the first successful polio vaccine.

**1967** South African surgeon Christiaan Barnard conducts the first heart transplant.

**1952–1964** Global yaws control programme  
One of the first diseases to claim WHO's attention was yaws, a crippling and disfiguring disease that afflicted some 50 million people in 1950. The global yaws control programme, fully operational between 1952–1964, used long-acting penicillin to treat yaws with one single injection. By 1965, the control programme had examined 300 million people in 46 countries and reduced global disease prevalence by more than 95%.

**1974** The World Health Assembly adopts a resolution to create the Expanded Programme on Immunization to bring basic vaccines to all the world's children.

**1977** The first Essential Medicines List appeared in 1977, two years after the World Health Assembly introduced the concepts of "essential drugs" and "national drug policy". 156 countries today have a national list of essential medicines.

**1978** The International Conference on Primary Health Care, in Alma-Ata, Kazakhstan sets the historic goal of "Health for All" – to which WHO continues to aspire.

**1988** Global Polio Eradication Initiative established  
Since its launch in 1988, the Global Polio Eradication Initiative has reduced the number of cases of polio by more than 99% – from more than 350 000 per year to 1956 in 2006. Spearheaded by national governments, WHO, Rotary International, the US Centers for Disease Control and Prevention and UNICEF, it has immunized more than two billion children thanks to the mobilization of more than 20 million volunteers and health workers. As a result, five million children are today walking, who would otherwise have been paralysed, and more than 1.5 million childhood deaths have been averted.

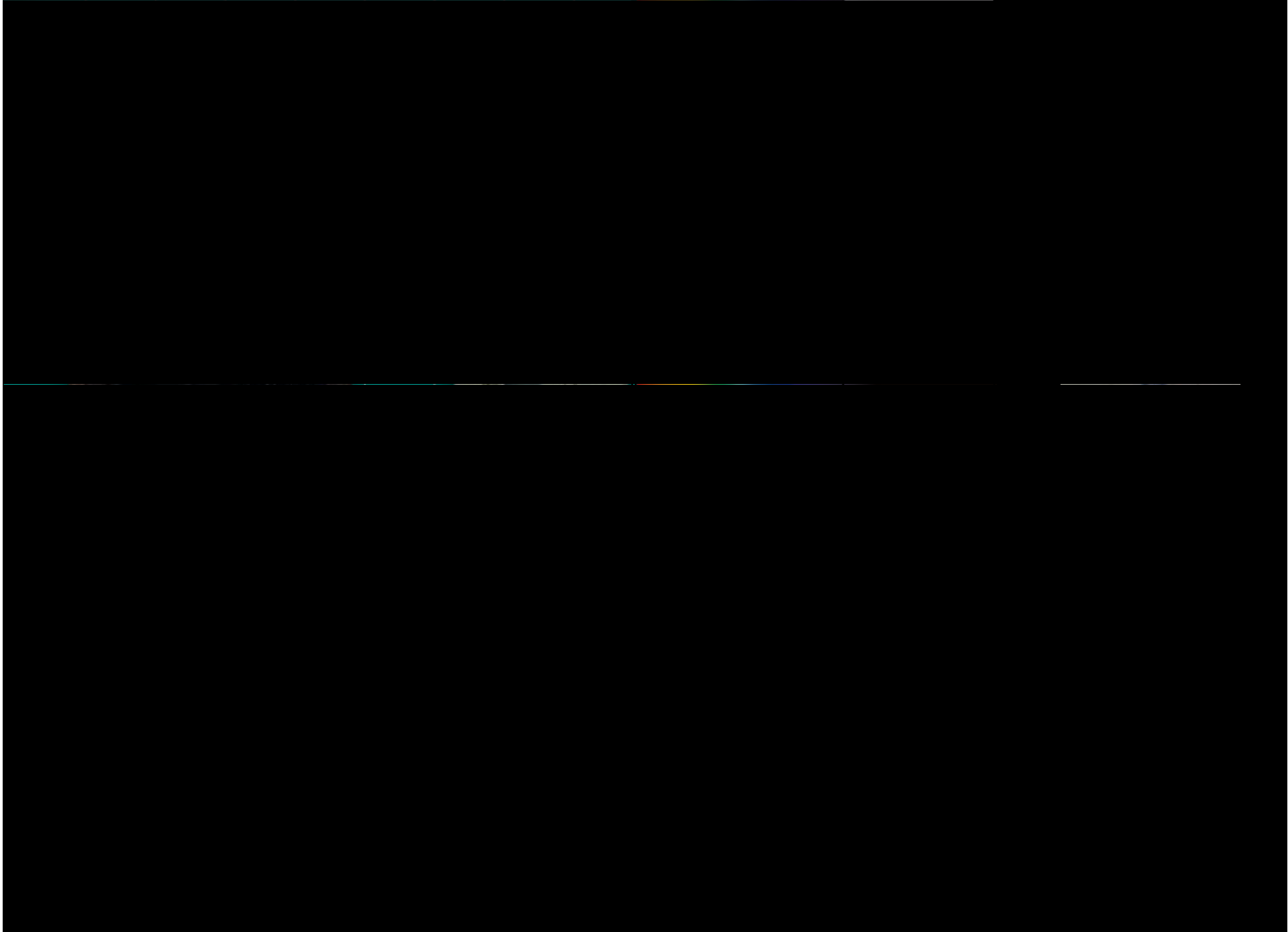
**2003** Severe Acute Respiratory Syndrome (SARS) first recognized and then controlled.

**2005** World Health Assembly revises the International Health Regulations.

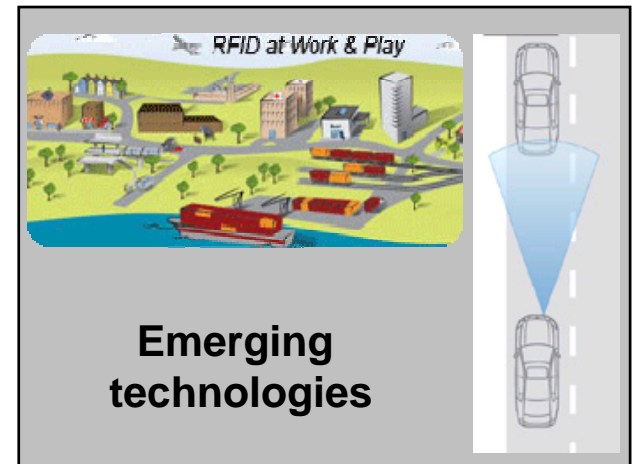
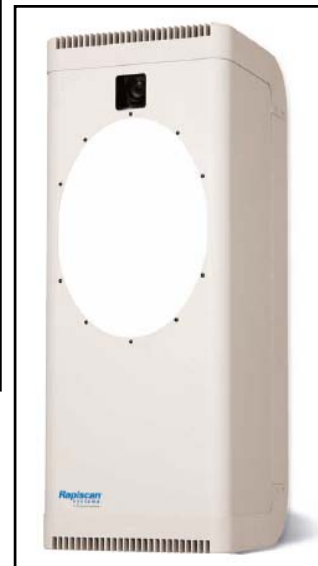
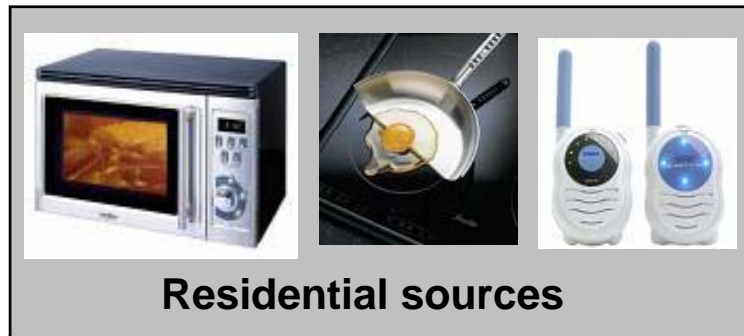
**THE GOAL IS TO ERADICATE POLIO WORLDWIDE SO THAT NO CHILD WILL EVER AGAIN BE PARALYZED BY THIS DISEASE.**

Non-ionizing radiation

Ionizing radiation



# Radio Frequency Fields (100 kHz – 300 GHz)



# The Present EMF Context

The background of the slide is a photograph of a busy city street. In the foreground, several people are walking, some out of focus. The middle ground shows a crosswalk and more pedestrians. The background features multi-story brick buildings and bare trees, suggesting an urban environment in a cooler season.

- Increasing EMF human exposure due to electricity demand, medical technologies and wireless devices
- Increasing concern from the public

# Mobiles 'boost cancer'

## Radiation may make tumours grow faster

By **Tim Utton**  
Science Reporter

**NEW** safety fears about mobile phones emerged yesterday over a possible link with cancer.

Radiation from the phones could promote the growth of tumours, according to scientists.

A new study suggests the radiation can kick cancer cells into 'high gear'

use are still unclear.

The biggest British study, led by Sir William Stewart two years ago, could find no evidence of a risk to health. But Sir William still recommended a precautionary approach, particularly in children.

The World Health Organisation has called for more research and has urged people to limit mobile use.

Now Italian scientists believe they could be closer to the truth.

Dr Fiorenzo Marinelli, of the National Research Council in Bologna, exposed leukaemia cells in the laboratory to 48 hours of continuous radio waves at a similar power and frequency to mobile phone emissions.

Initially, the radiation killed the cancer cells. But then the scientists noticed this lethal effect had gone into reverse as a 'survival mechanism' was triggered, which made them replicate at a ferocious speed.

Dr Marinelli said: 'We don't know what the effects would be on healthy human cells.'

'But in leukaemia cells the response is always the same.'

The radiation may initially damage

Cancer develops when control signals in a normal cell go wrong and an abnormal cell results. Instead of destroying itself the mutant cell keeps on dividing and forms a lump or tumour.

The results of the Italian study support the belief of some scientists who say radiation can damage DNA and destroy the cell repair system - making tumours more deadly.

Dr Peter de Pomerai of the University of Nottingham, who studied effects on the body earlier this year, said the research was 'intriguing'.

Radiation may indirectly damage DNA by affecting its repair system, he said. If the DNA repair mechanism does not work as well as it should, mutations in cells could accumulate - with disastrous consequences.

'Cells with unrepaired DNA damage are likely to be far more aggressively cancerous,' said Dr de Pomerai. Dr Marinelli presented his results at the International Workshop on the Biological Effects of Electromagnetic Fields held in Geneva.





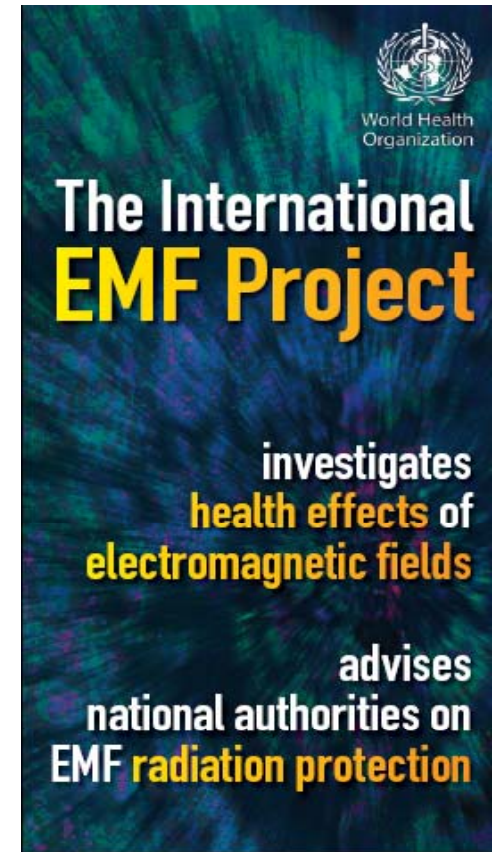
# The Present Scientific Knowledge

A person in a white lab coat is seen from the side, looking at a computer monitor in a laboratory setting. The background shows various pieces of scientific equipment, including another monitor and a large piece of machinery.

- Large and increasingly sophisticated database
- Known mechanisms
- Health effects not established below international guidelines
- Scientific uncertainty

# WHO International EMF Project

- Established in 1996
- Coordinated by WHO HQ
- A multinational, multidisciplinary effort to create and disseminate information on human health risk from EMF

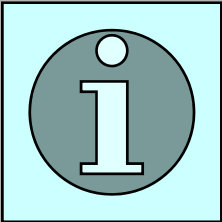
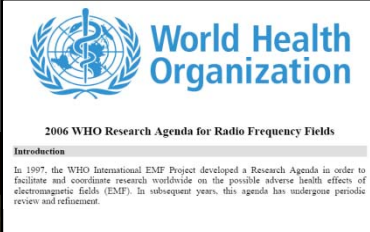


# WHO Partners in Radiation



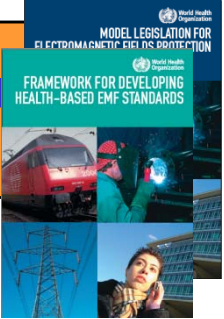
# Do EMFs pose a health risk?

**Risk Assessment**  
The Evidence



**Risk Perception**  
The Public Concern

**Risk Management**  
The Policies



# OUTLINE

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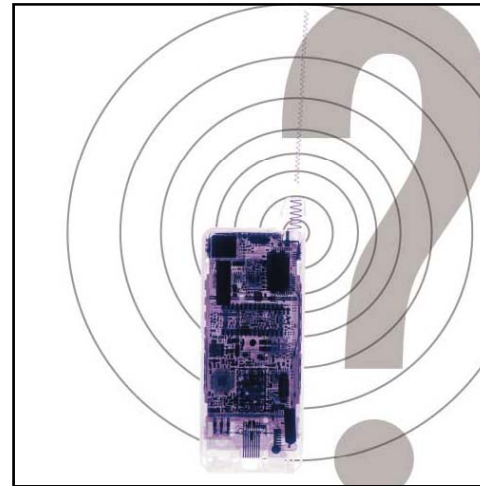
- Introduction
- **Assessing the health risk**



# What do we know?

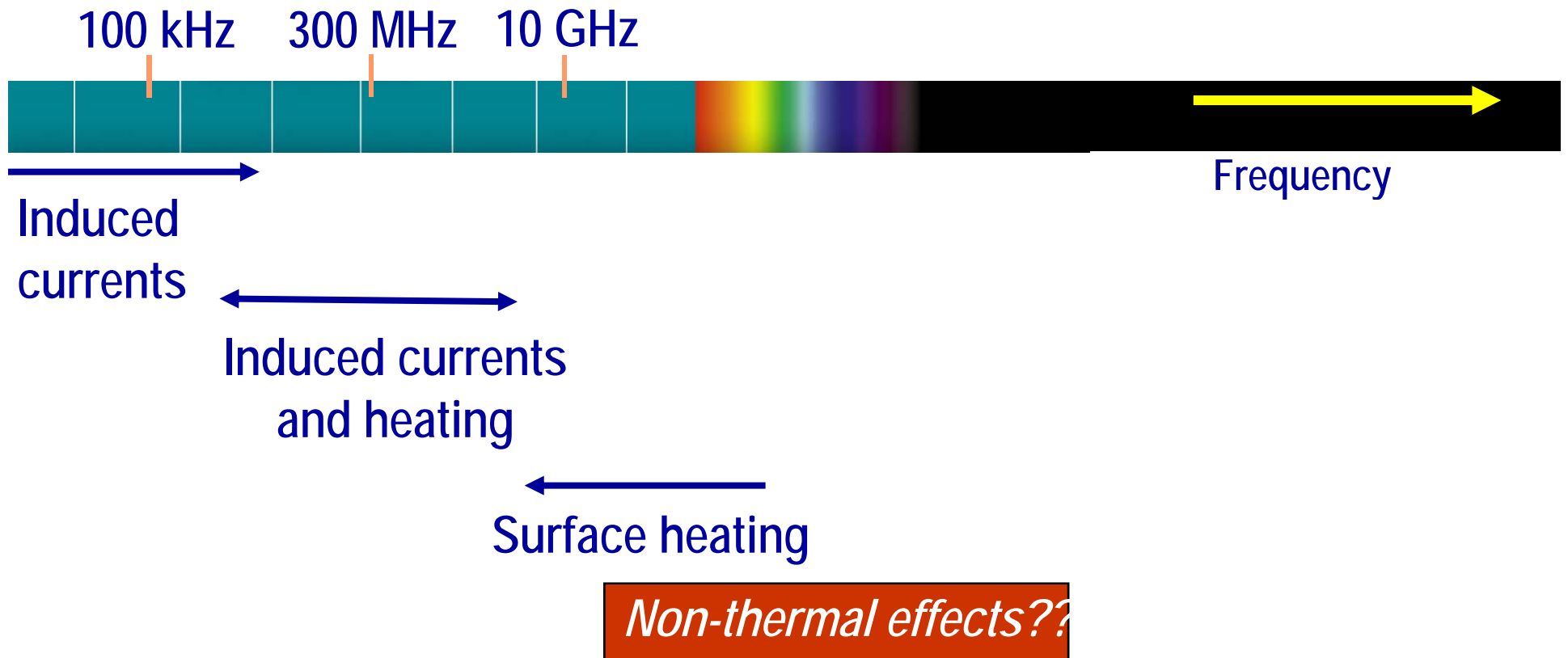


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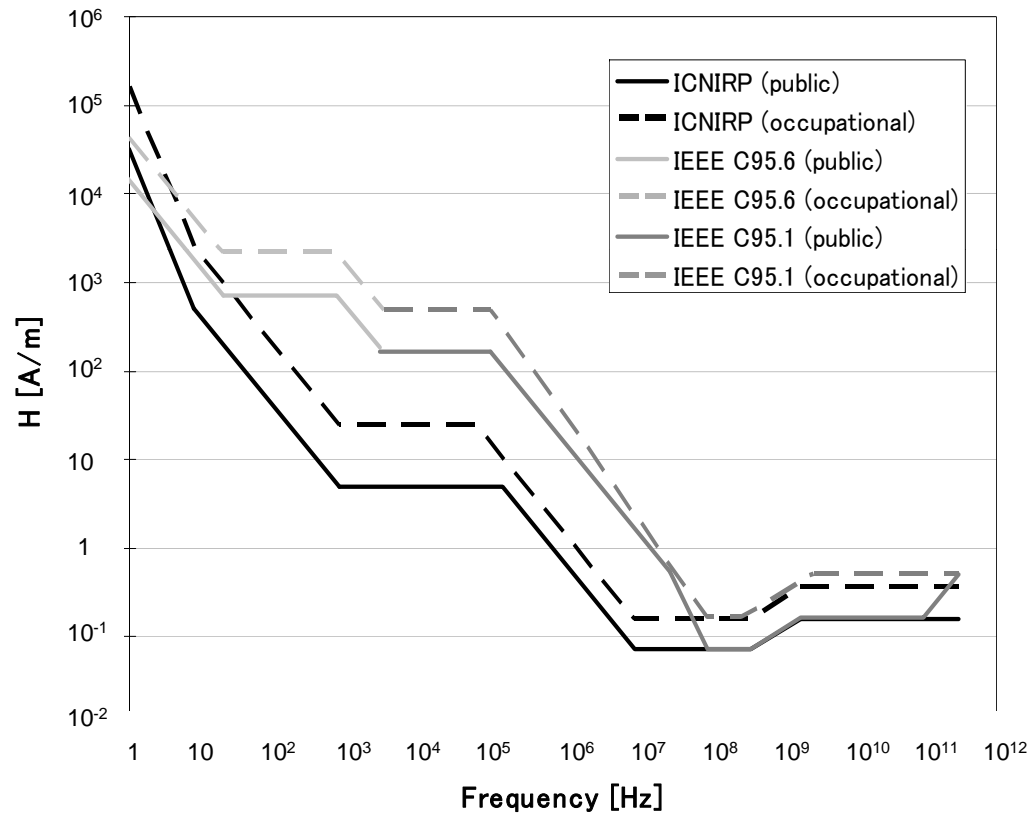


# What do we know?

## Mechanisms of interaction



# Reference Levels





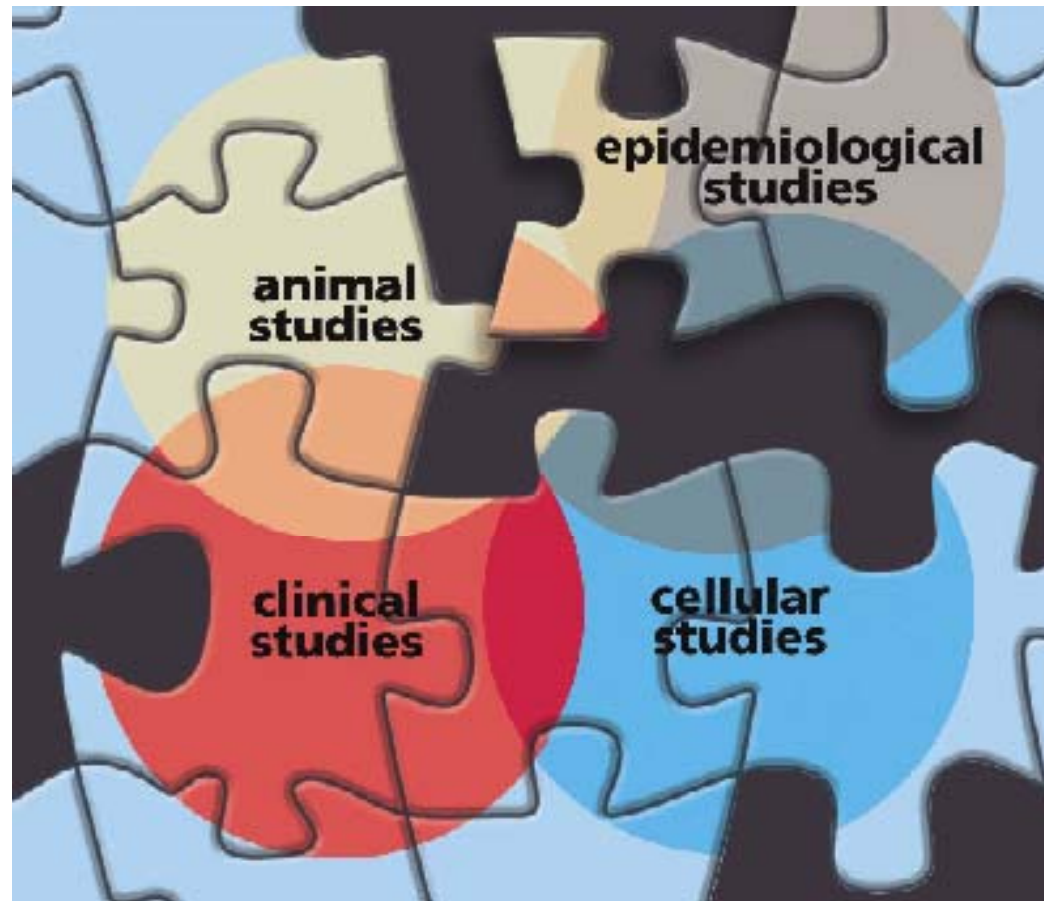
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# How do we evaluate the health risk from EMF?



# Research

## Balance of studies needed



<http://www.niehs.nih.gov/emfrapid/booklet/emf2002.pdf>



# RF Studies

(WHO Database, March 2009)

Type of study	Ongoing	Not yet published	Published
Physics	77	14	538
Epidemiology	41	12	311
Human	44	11	256
Animal	42	28	834
Cellular	60	28	503
Total	264	93	2442 !!



# Laboratory Studies

- Cellular studies
  - Genotoxicity
  - Gene expression
- Animal studies
  - Cancer
  - Behaviour
  - BBB
  - Skin
- Human studies
  - Sleep
  - EEG
  - Hormones
  - EHS



## Media centre



### Electromagnetic fields and public health: mobile phones

Fact sheet N°193  
June 2011

#### Key facts

- Mobile phone use is ubiquitous with an estimated 4.6 billion subscriptions globally.
- The electromagnetic fields produced by mobile phones are classified by the International Agency for Research on Cancer as possibly carcinogenic to humans.
- Studies are ongoing to more fully assess potential long-term effects of mobile phone use.
- WHO will conduct a formal risk assessment of all studied health outcomes from radiofrequency fields exposure by 2012.

<http://www.who.int/mediacentre/factsheets/fs193/en/index.html>

# Short-term effects

(WHO fact sheet 193, June 2011)

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- To date, research **does not suggest any consistent evidence** of adverse health effects from exposure to RF fields at levels below those that cause tissue heating
- Research has not been able to provide support for a causal relationship between exposure to EMF and self-reported symptoms, or “electromagnetic hypersensitivity”





World Health  
Organization

Fact sheet N°296  
December 2005

## Electromagnetic fields and public health Electromagnetic Hypersensitivity

**Conclusions:** “EHS is characterized by a variety of non-specific symptoms that differ from individual to individual... EHS has no clear diagnostic criteria and there is no scientific basis to link EHS symptoms to EMF exposure.”

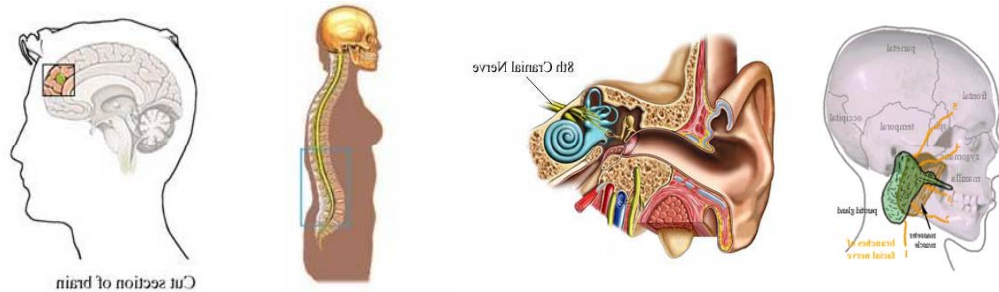


# Epidemiology

## Studies on mobile phones



- Tumours in head and neck
  - Glioma, meningioma, acoustic neuroma, parotid gland



- More than 15 studies on the use of mobile phones
  - Published: USA, Nordic countries, Hardell, INTERPHONE, CEFALO
  - Ongoing: MOBI-Kids, COSMOS



# INTERPHONE study

(published 18 May 2010)

Published by Oxford University Press on behalf of the International Epidemiological Association  
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*International Journal of Epidemiology* 2010;1–20  
doi:10.1093/ije/dyq079

## Brain tumour risk in relation to mobile telephone use: results of the INTERPHONE international case–control study

The INTERPHONE Study Group\*

- 5 Corresponding author. Elisabeth Cardis; CREAL, Doctor Aiguader 88,  
\*List of members of this study group is available in the Appendix.

Accepted 8 March 2010

### ● Cases:

- 2,765 gliomas
- 2,425 meningiomas
- 1,121 acoustic neuroma
- 109 malignant parotid gland

### ● Controls:

- 7,658

# Long-term effects

(WHO fact sheet 193, June 2011)

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- No increased risk of glioma, meningioma or acoustic neuroma with mobile phone use of more than 10 years
- Indications of increased risk of glioma for heavy users
  - Basis for classification of RF fields as "possible carcinogenic"
  - Biases and errors prevent a causal interpretation
  - *Reaffirmed in Interphone final report (16 March 2012)*
- No available data for long-term use (15-20 ans)
- Studies on children ongoing
  - *No causal relationship seen in CEFALO study (July 2011)*



# WHO Health Risk Assessment

Risk assessment  
of **all health outcomes**  
(*Environmental Health Criteria*)

*International*  
**EMF** *Project*



Hazard identification and classification  
of possible **carcinogens**  
(*Monographs*)

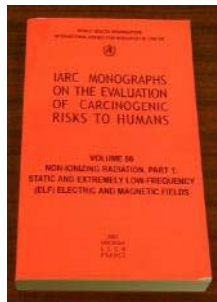
International Agency for  
Research on Cancer (IARC)

Centre International de  
Recherche sur le Cancer (CIRC)



# Environmental Health Criteria

## Electromagnetic Fields



**IARC  
2002**



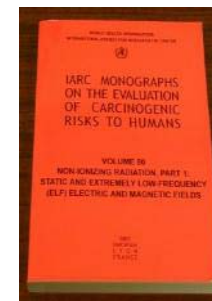
**WHO  
2006**



**WHO  
2007**

**Static and ELF fields**

**RF fields**



**IARC  
2011-12**

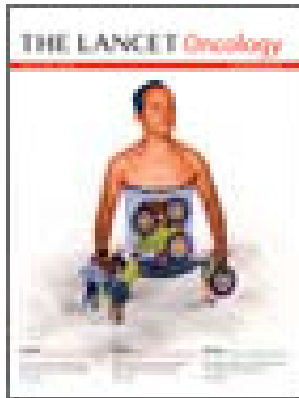


**WHO  
2012-14**



# IARC Evaluation

## Volume 102 - Radiofrequency Fields



*The Lancet Oncology*  
Volume 12, Issue 7, pp. 624 - 626,  
July 2011  
doi: 10.1016/S1470-2045(11)70147-4  
Published Online: 22 June 2011

### Carcinogenicity of radiofrequency electromagnetic fields



In May, 2011, 30 scientists from 14 countries met at the International Agency for Research on Cancer (IARC) in Lyon, France, to assess the carcinogenicity of radiofrequency electromagnetic fields (RF-EMF). These assessments will be published as Volume 102 of the IARC Monographs.<sup>1</sup>

Human exposures to RF-EMF (frequency range 30 kHz–300 GHz) can

induced electric and magnetic fields and associated currents inside tissues. The most important factors that determine the induced fields are the distance of the source from the body and the output power level. Additionally, the efficiency of coupling and resulting field distribution inside the body strongly depend on the frequency, polarisation, and direction

regarding associations between use of wireless phones and glioma.

The cohort study<sup>4</sup> included 257 cases of glioma among 420 095 subscribers to two Danish mobile phone companies between 1982 and 1995. Glioma incidence was near the national average for the subscribers. In this study, reliance on subscription to a mobile phone provider, as a surrogate for



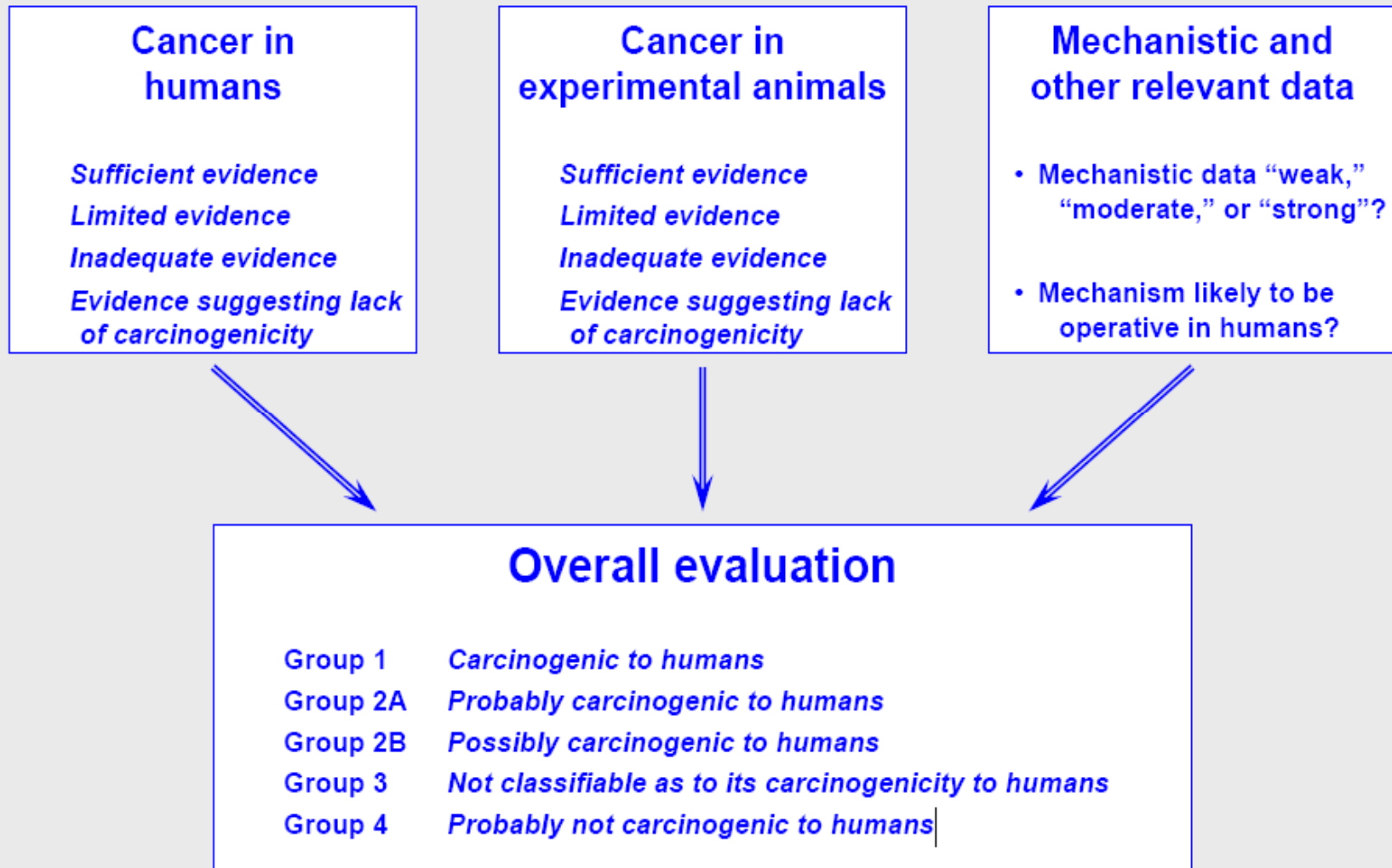
Published Online  
June 22, 2011





From V. Cogliano, Workshop on "Characterizing evidence in EMF risk assessment",  
Berlin, May 2006, <http://evidence.pureres.net>

# Overview of the evaluation process



# IARC Evaluation

## Volume 102 - Radiofrequency Fields

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- RF fields classified as **Group 2B “Possible Carcinogenic”** based on
  - **limited** human data on association between glioma and acoustic neuroma and exposure to RF-EMF from wireless phones (epidemiologic studies).
  - **limited** animal data
- Evidence for other exposures (e.g. base stations, wifi, ...) and outcomes (other cancers) considered insufficient for any conclusion



# Agents Classified by IARC (950)

IARC Classification	Examples of Agents
<b>Carcinogenic to humans (107)</b> (usually based on strong evidence of carcinogenicity in humans)	Asbestos Alcoholic beverages Benzene Mustard gas Radon gas Solar radiation Tobacco (smoked and smokeless) X-rays and Gamma
<b>Probably carcinogenic to humans (59)</b> (usually based on strong evidence of carcinogenicity in animals)	Creosotes Diesel engine exhaust Formaldehyde Polychlorinated biphenyls (PCBs)
<b>Possibly carcinogenic to humans (267)</b> (usually based on evidence in humans which is considered credible, but for which other explanations could not be ruled out)	<b>RF fields</b> Coffee Gasoline engine exhaust Pickled vegetables ELF magnetic fields Styrene



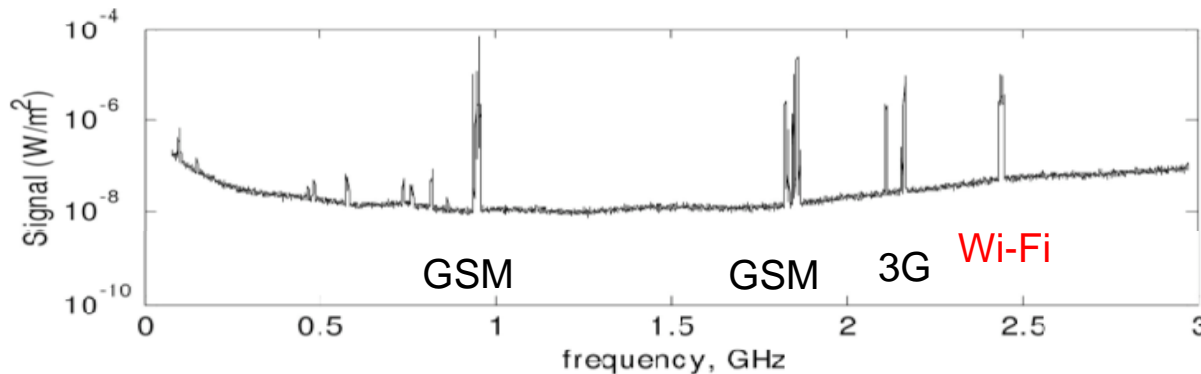
# Epidemiology

## Base stations and wireless networks

Wi-Fi



- Some studies have been performed
  - Well-being and performance
  - Cancer
- Difficulty of personal exposure



Kenneth R. Foster, *Radiofrequency exposure from wireless LANs utilizing WI-FI technology.* Health Phys. 92(3):280–289; 2007





World Health  
Organization

Fact sheet N°304  
May 2006

## Electromagnetic fields and public health Base stations and wireless technologies

### Conclusions:

“Considering the very low exposure levels and research results collected to date, **there is no convincing scientific evidence that the weak RF signals from base stations and wireless networks cause adverse health effects**”



# OUTLINE

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- Introduction
- Assessing the health risk
- **Managing the health risk**
  - Developing standards and regulations
  - **Communicating the scientific knowledge**



# WHO and STANDARDS

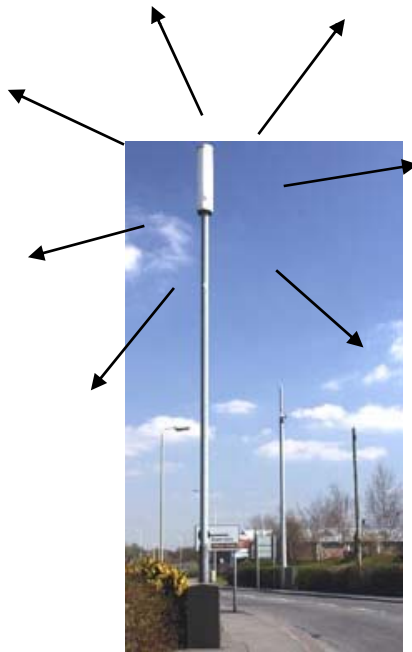
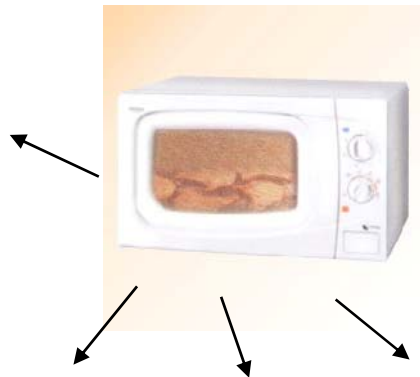
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- WHO does NOT develop EMF standards but facilitates international consensus on standards
- International bodies, ICNIRP and IEEE/ICES, develop international guidelines for human protection from EMF exposure

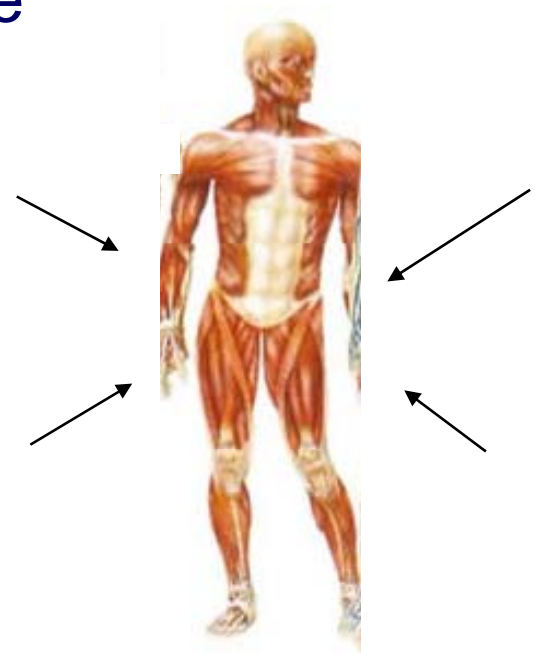


# Norms, Standards and Guidelines

- **Emission standards** have specifications that limit the EMF emissions from devices



- **Exposure standards** have specifications that limit EMF exposure to people



# Relevant Authorities

Non-governmental and international organizations

- Emission standards
- Exposure standards
- Measurements standards



# National management approaches

- Relevant authorities
  - National level



# National management approaches

- Relevant authorities
  - National level
  - Provincial level

## How Safe Is Your Cell Phone?

By BRYAN WALSH Monday, Mar. 15, 2010

### Related

#### Specials



Cell Phones'  
Radiation Report  
Card

#### Photos





# National management approaches

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- Relevant authorities

- National level

- Provincial level

- Local level

- Dispense building and planning permits

- Direct contact with public and operators

- May introduce further conservative measures based on politics rather than science

- Many examples (e.g. Salzburg, Toronto, Paris, ...)



# Management Options



***Reduce concern***

***Reduce uncertainty***

***Reduce exposure***

- No action
- Communication
- Research
- Planning measures
- Engineering measures
- Exposure limits
- ....

# Worldwide standards



# Policy documents ....

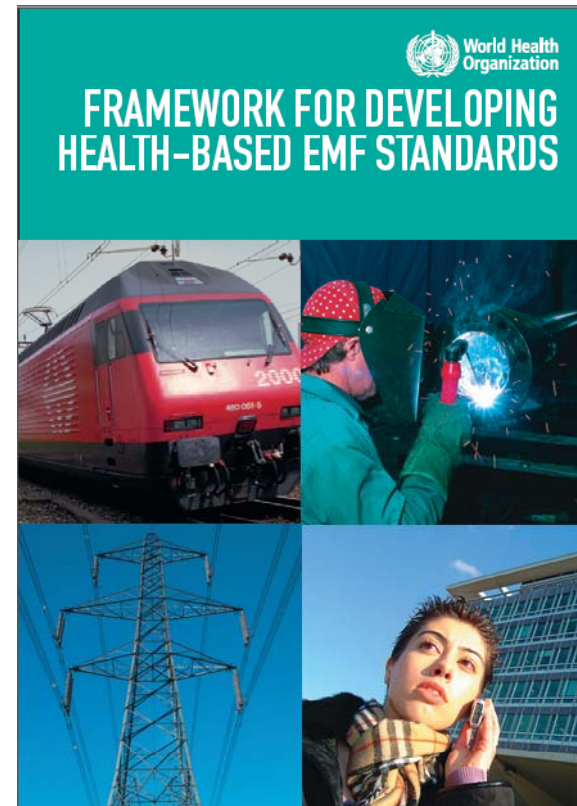


<http://www.who.int/peh-emf/standards/>

# Framework for Developing EMF Standards

## Motivation

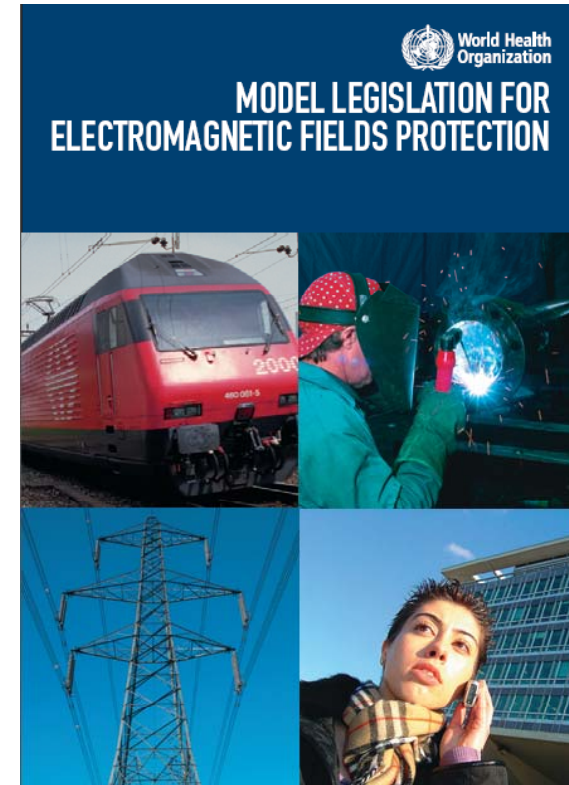
- Concerns about public safety because of increasing EMF exposures from new technologies
- Many countries currently considering EMF standards
- Large differences between national standards



<http://www.who.int/peh-emf/standards/framework/en/index.html>

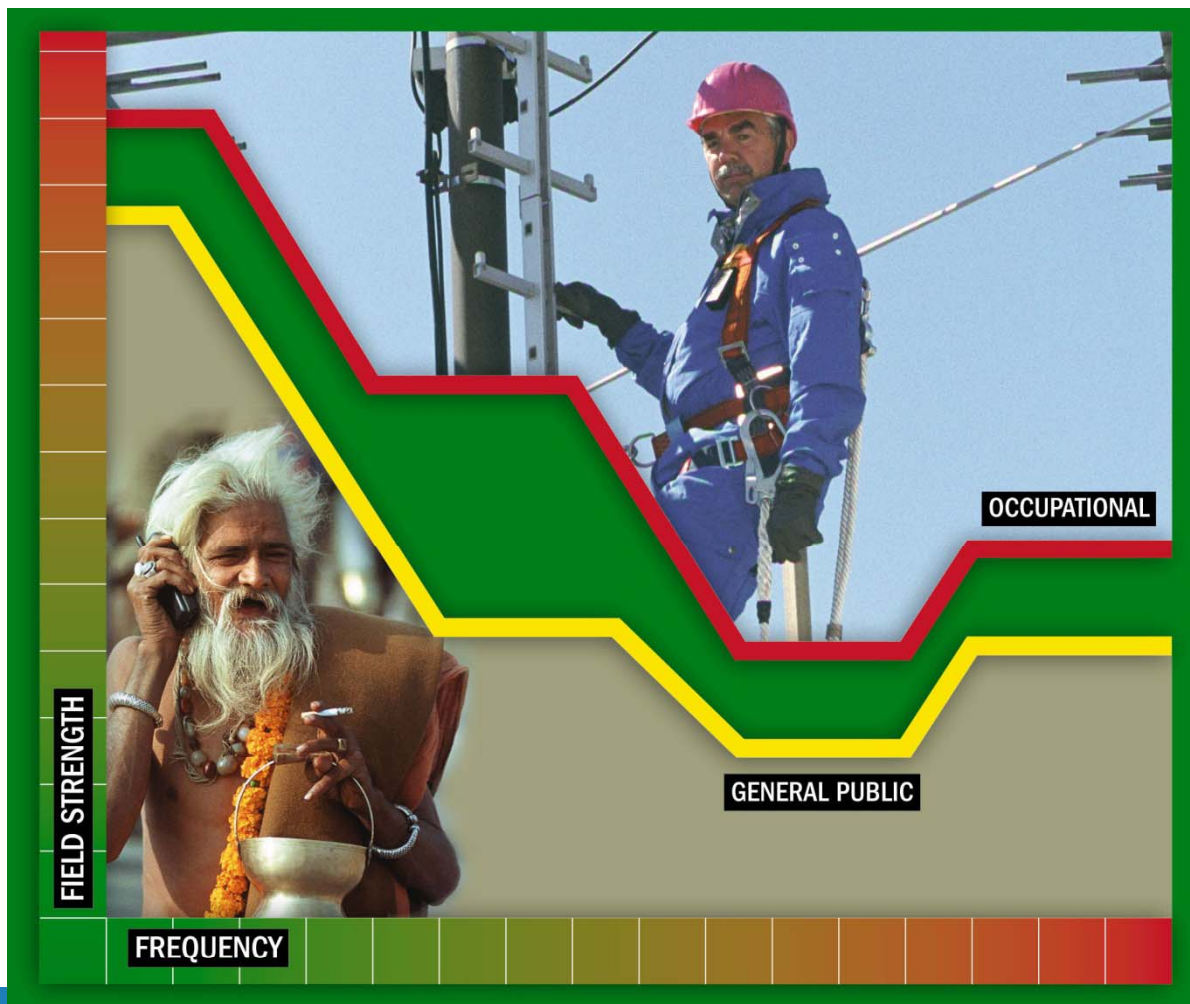
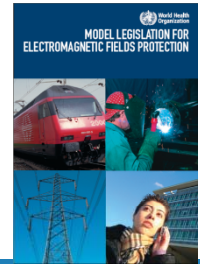
# Model Legislation

- To assist countries without appropriate legislation to protect their population from EMF
- Provides a legal framework to provide protection from EMF



[http://www.who.int/peh-emf/standards/emf\\_model/en/index.html](http://www.who.int/peh-emf/standards/emf_model/en/index.html)

# Model Legislation



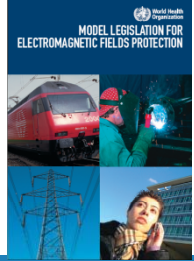
EMF that will provide effects from **any**

of the **public and**



World Health Organization

# Model Legislation



- Purpose

- to establish limits on human exposure to EMF that will provide protection against known adverse health effects from **any installation or device** emitting such fields

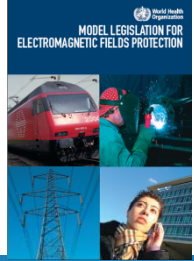
- Scope

- Minimum requirements for the protection of the **public and workers**
- EMF frequency range **0 to 300 GHz**





# Model Legislation

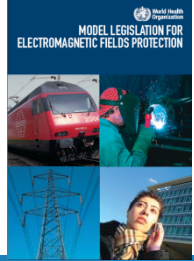


- **EMF limits:**

- Adoption of **international standards** to limit
  - exposure of people to EMF (e.g. ICNIRP guidelines)
  - emissions of EMF from devices (e.g. IEC and IEEE device emission standards)
- Uniform application of the Act across the **national** jurisdiction



# Model Legislation (cont'd)

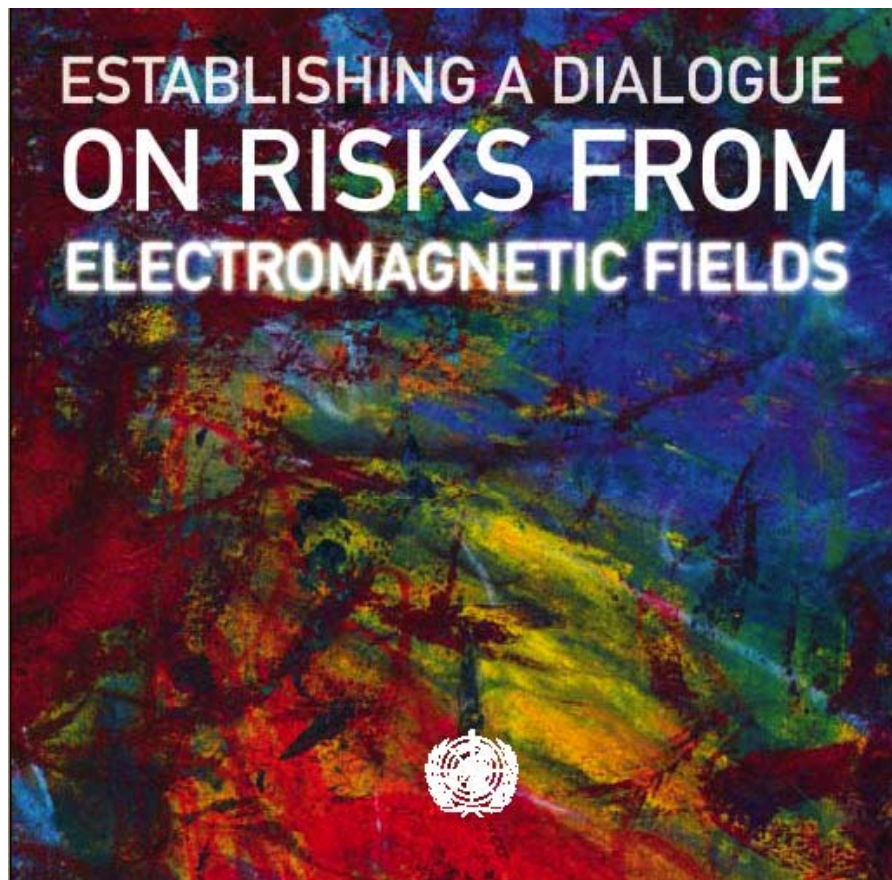


- Compliance
  - Develop range of options that the Minister may consider appropriate
  - Establish or nominate an agency to administer compliance
- Enforcement
  - Owner of installation to ensure compliance in public places and to provide training to workers (else general public status)
- Record keeping



# Risk Perception and Communication

*WHO Risk Handbook*



- For programme managers who need basic information on EMF risk perception, communication and management
- Available in English
- Translated into Spanish, Italian, German, French, Russian, Bulgarian, Dutch, Polish, Portuguese, Hungarian and Japanese
- Available on the web  
[www.who.int/emf](http://www.who.int/emf)

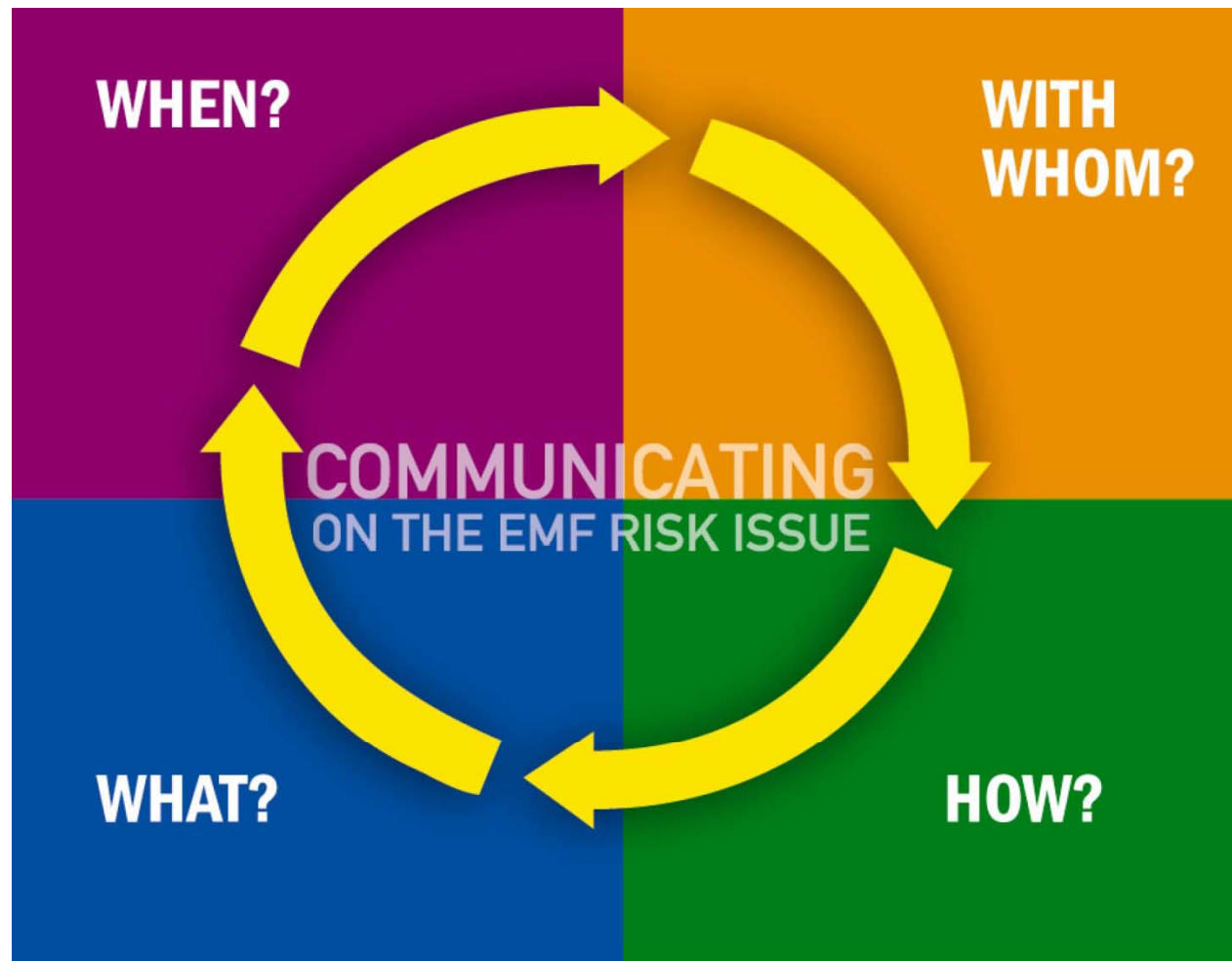


# Elements of Risk Perception



- **Extent of health risk**
- **Probability of occurrence**
- **Uncertainty**
- **Ubiquity**
- **Pattern of exposure**
- **Delayed effect**
- **Inequity and injustice**
- **Voluntary vs. involuntary exposure**

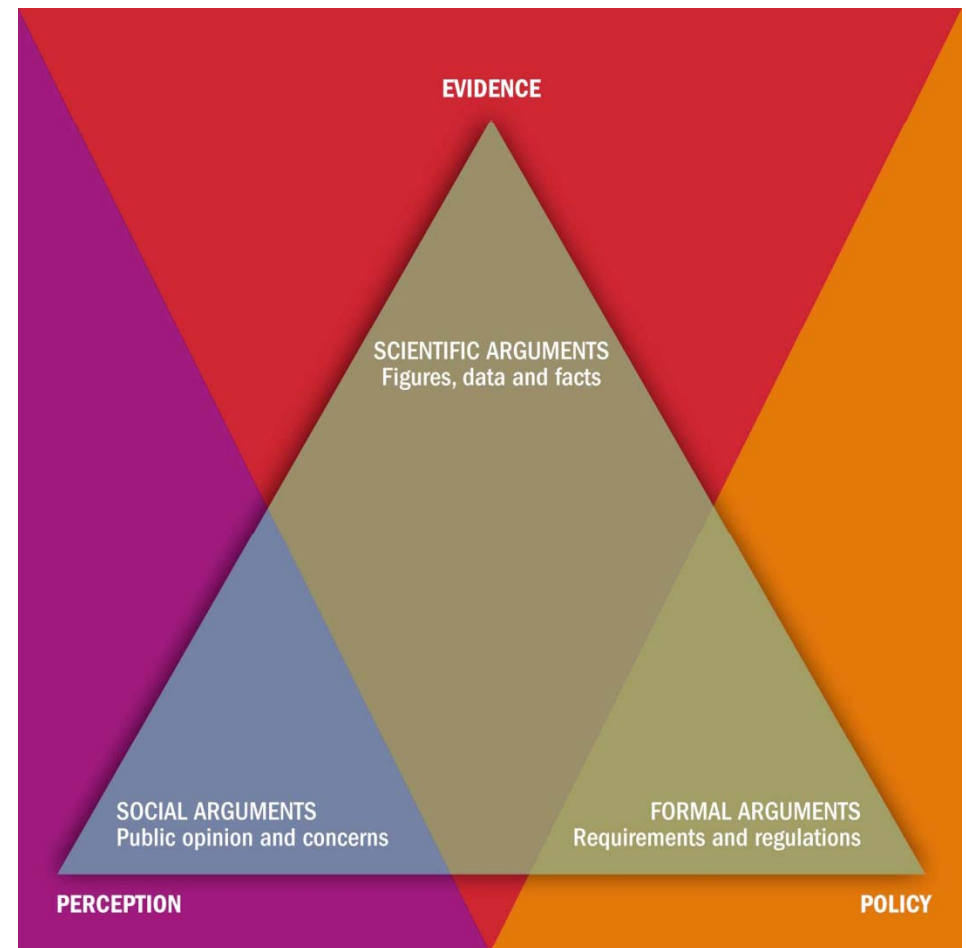
# Managing EMF Risk Communication



# The Message

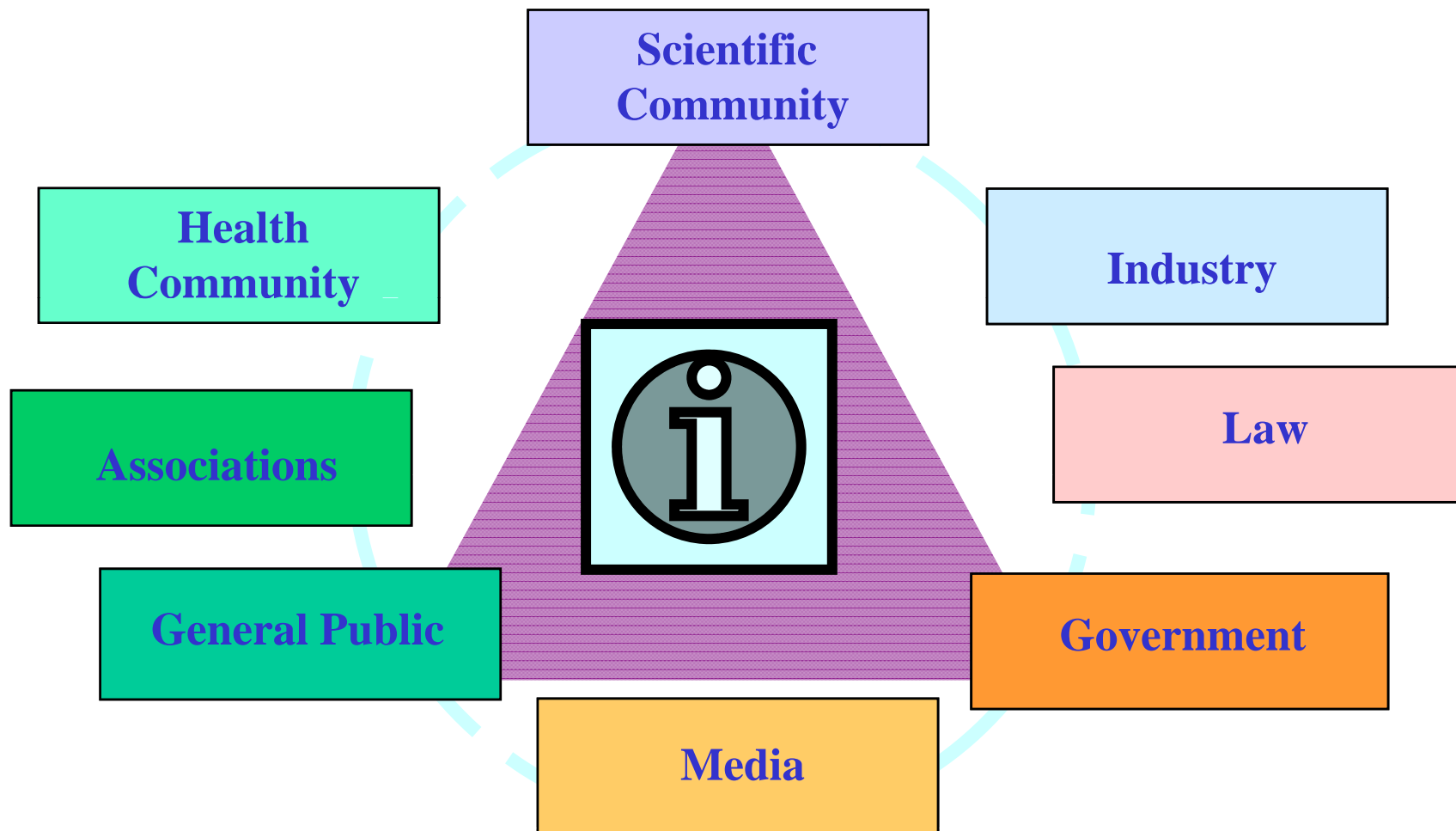
What to Communicate?

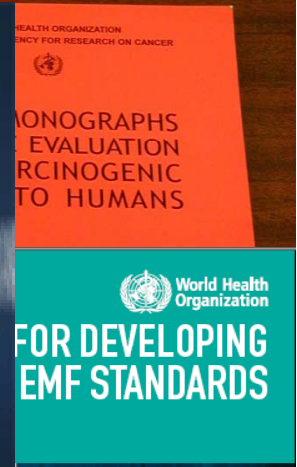
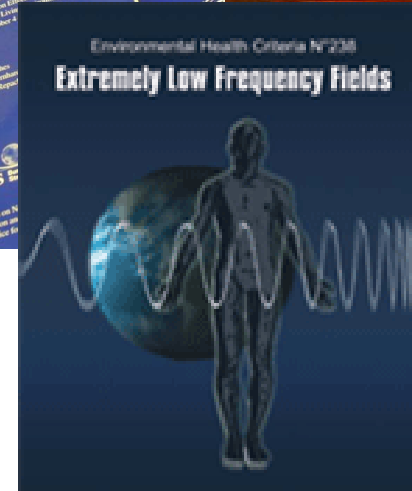
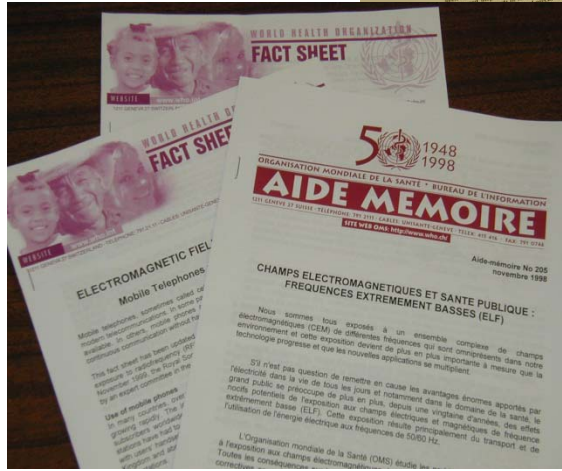
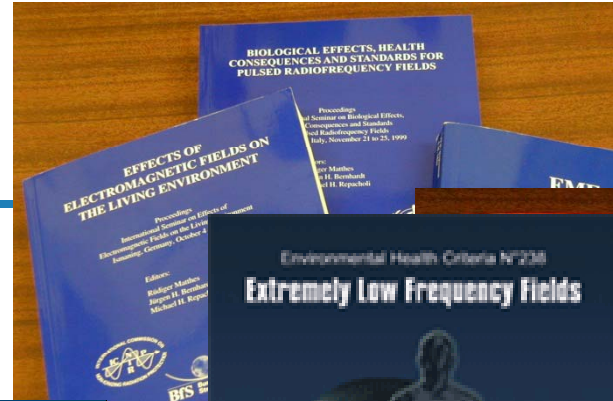
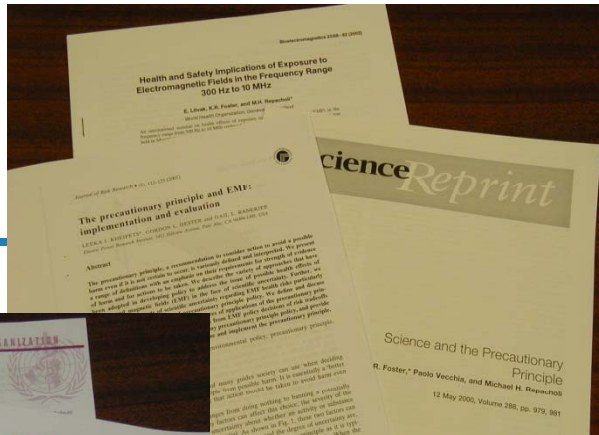
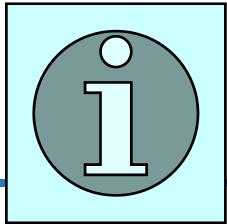
- Communicating the science
- Explaining policy measures
- Putting the EMF risk in perspective



# Stakeholders

With whom to communicate?





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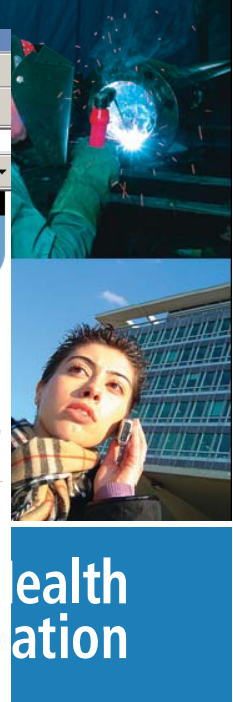
Participating countries & entities in EMF Project

WHAT'S NEW!

Fact sheet N°322 Exposure to extremely low frequency fields Full text

ELF Environmental Health Criteria N°238 Chapters available to download

As part of its Charter to protect public health and in response to public





# OUTLINE

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- Introduction
- Assessing the health risk
- Managing the potential risk
- **Conclusions**



# Challenges to governments....

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- Rapidly evolving RF technologies
- Launched on the market before health evaluation
- Disparities in risk management measures and regulations around the world
- Concern from the public



# Conclusions

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- Need for clear roles and responsibilities in government on this topic
- Need for adoption and compliance of health-based standards
- Need for a public information program and dialogue with stakeholders
- Need for promoting research to reduce uncertainty

We are a "global village"



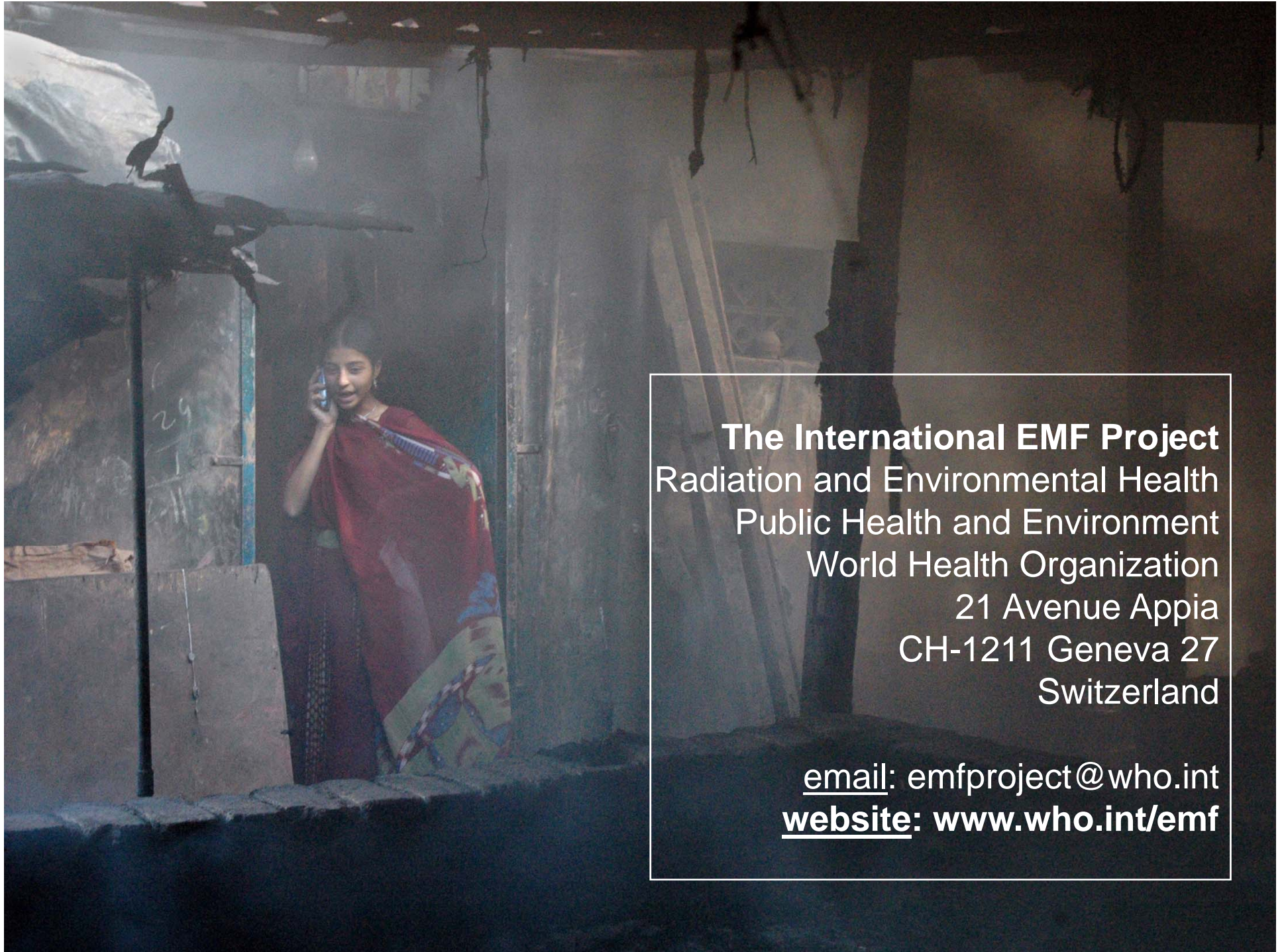
# International Advisory Committee

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- Latest meeting: **5-6 June 2012, Geneva, Switzerland**
- The mandate of the IAC is to
  - provide oversight on the conduct of the Project
  - provide a forum for peer discussion

***The Project is open to any WHO Member State government, i.e. department of health, or representatives of other national institutions concerned with radiation protection***





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